

RESOLUTION NO. 12-46

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF DRAPER, UTAH, ADOPTING A CONCUSSION AND HEAD INJURY AWARENESS POLICY AND ACKNOWLEDGMENT AND CONSENT FOR THE CITY'S RECREATION PROGRAMS

WHEREAS, in 2011 the Utah Legislature passed H.B. 204, "Protection of Athletes with Head Injuries"; and

WHEREAS, H.B. 204 requires an amateur sports organizations adopt and enforce a concussion and head injury policy and lists the requirements for such a policy; and

WHEREAS, Draper City offers public recreation, sport leagues, camps, events and activities; and

WHEREAS, Draper City, the Recreation Department employees, staff and volunteers care about the health and well being of its participants; and

WHEREAS, Draper City staff has drafted a "Concussion and Head Injury Awareness Policy" in compliance with H.B. 204 and has also drafted a "Concussion and Head Injury Acknowledgement and Consent" which parents or legal guardians will be required to sign before their child is allowed to participate in Draper City recreation programs or events where concussions or head injuries may occur; and

WHEREAS, the Draper City Council recognizes the importance of protecting all youth participants within Draper programs, and further recognizes several recent medical studies and releases documenting the importance of treating concussions and head injuries and abstaining from activity until being cleared by a medical professional; and

WHEREAS, the "Concussion and Head Injury Awareness Policy" as provided herein has been drafted to comply with the changes to the Utah Statute and to protect Draper residents;

NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF DRAPER CITY, STATE OF UTAH, AS FOLLOWS:

Section 1. Policy Adoption. The Concussion and Head Injury Awareness Policy is hereby adopted to read:

CONCUSSION AND HEAD INJURY AWARENESS POLICY

Draper City recognizes the importance of each participant in its programs and wants each person to be and feel safe. We further recognize the potential of concussion or head injury, from mild to severe, due to the nature of the sporting events or programs we offer. We recognize that without proper treatment or

evaluation by a certified health care professional, a concussion or head injury can develop into greater problems. Therefore, if a child who is participating in a Draper City Recreation program sustains or is suspected to have sustained a concussion or a head injury the child will not be allowed to further participate in any Draper City programs and must seek medical attention. The participant will not be permitted to participate until a qualified Health Care Professional has cleared the child to resume participation. The participant or parent/guardian must provide Draper City with a written statement by a qualified Health Care Professional acknowledging the athlete is cleared to resume participation. Within this statement the Health Care Provider must acknowledge that he/she has successfully completed a continuing education course in the evaluation and management of a concussion within three years before the day on which the written statement was made. This Policy requires adherence by all coaches, volunteers, parents, legal guardians, participants, and agents of Draper City.

Section 2. Acknowledgment Adoption. The Concussion and Head Injury Acknowledgment and Consent requiring parent or legal guardian signature, is hereby adopted to read as attached hereto.

Section 3. Severability. If any section, part or provision of this Resolution is held invalid or unenforceable, such invalidity or unenforceability shall not affect any other portion of this Resolution, and all sections, parts and provisions of this Resolution shall be severable.

Section 4. Effective Date. This Resolution shall become effective immediately upon passage.

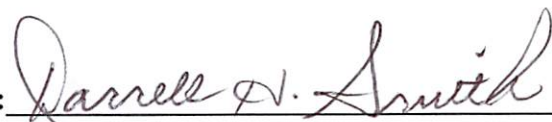
PASSED AND ADOPTED BY THE CITY COUNCIL OF DRAPER CITY, STATE OF UTAH, THIS 2nd DAY OF October, 2012.

ATTEST:

DRAPER CITY:



City Recorder

By: 

Mayor





Concussion and Head Injury Acknowledgment and Consent

In compliance with **House Bill 204 – “Protection of Athletes with Head Injuries Act”**, Draper City has implemented a Concussion and Head Injury Awareness Policy, which requires adherence by all coaches, volunteers, parents, legal guardians, participants, and agents of Draper City.

General Concussion Description

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and even death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious.

Symptoms and signs of concussions (see traumatic head injury below) may show up right after the injury or can take hours or days to fully appear. If your athlete reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. You cannot see a concussion and most sports concussions occur without loss of consciousness.

Nature and Risk

Continuing to participate in a sporting event after sustaining a concussion or a traumatic head injury can leave the athlete vulnerable to greater injury or death. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first. This can lead to prolonged recovery, or even severe brain swelling with devastating and even fatal consequences.

Policy Requirements

If Draper City, its agents, coaches, volunteers, parks & recreation staff, parents or legal guardians suspects a youth athlete (a child who is under the age of 18) of sustaining a concussion or traumatic head injury while participating in a sporting event, the athlete shall be removed immediately. Upon removal of an athlete suspected of sustaining a concussion or a traumatic head injury, a written medical clearance from a qualified health care provider is required before the athlete can return to participate in any sporting event.

1) **“Qualified Health Care Provider”** means a health care provider who: (a) is licensed under Utah Code Title 58, Occupations and Professions; (b) may evaluate and manage a concussion within the health care provider's scope of practice; and (c) within three years before the day on which the written statement is made, has successfully completed a continuing education course in the evaluation and management of a concussion.

2) **“Sporting event”** means any of the following athletic activities that is organized, operated, managed, or sponsored by Draper City such as: a game, a practice, a clinic, a sports camp, an educational class, a competition, or a tryout.

3) **“Traumatic head injury”** means an injury to the head arising from blunt trauma, an acceleration force, or a deceleration force, with one of the following observed or self-reported conditions attributable to the injury: (a) transient confusion, disorientation, or impaired consciousness, (b) dysfunction of memory, (c) loss of consciousness, or (d) signs of other neurological or neuropsychological dysfunction, including: (i) seizures, (ii) irritability, (iii) lethargy, (iv) vomiting, (v) headache, (vi) dizziness, or (vii) fatigue.

Concussion Action Plan

What should be done when a concussion is suspected?

- 1) Report the suspicion to the coach.
 - a. Look for the symptoms and signs of a concussion (see “traumatic head injury” above).
 - b. When in doubt, remove the athlete from play.
- 2) Ensure that the athlete is evaluated right away. Do not judge the severity yourself; get assistance from a qualified Health Care Provider as soon as possible.
- 3) Allow the athlete to return to play only with permission from a qualified Health Care Provider. A repeated concussion prior to recovery can increase the likelihood of further problems.
- 4) Both coach and parent should record:
 - a. the cause of the head injury and with what force;
 - b. any loss of consciousness and for how long;
 - c. any memory loss immediately after the injury;
 - d. any seizures immediately after the injury; and
 - e. any other pertinent information you think will help the Health Care Provider.

Acknowledgment & Consent

Having read Draper City’s Concussion and Head Injury Awareness Policy and this Acknowledgment and Consent, I understand what a concussion is, have been informed on how to recognize the signs and symptoms of a traumatic head injury, and agree to abide by the policy. I understand and give consent that if my child, the participating athlete, is suspected of having a concussion, he/she will be removed from the sporting event and will not be permitted to continue participating in any upcoming sporting events until a qualified Health Care Provider has determined it to be safe, at which time I will provide Draper City with a written statement by a qualified Health Care Provider acknowledging my child is cleared to resume participation.

Parent/Guardian Signature

Date

Participant’s Name

Activity